

EAHRP

EAST AFRICA HUMAN RIGHTS PROGRAM

10th edition



 February 4th to 16th

ABOUT THE EAHRP  **Arusha, Tanzania**

The **East Africa Human Rights Program (EAHRP)** is a dynamic initiative in human rights education, established and led by East African alumni from Equitas' International Human Rights Training Program (IH RTP) and the EAHRP itself. Now in its 10th edition, EAHRP 2027 is proudly hosted in Tanzania by the **TUSONGE Community Development Organization** from **February 4th to February 16th**, with the support of 17 dedicated alumni from Kenya, Rwanda, Uganda, Ethiopia and Tanzania, in partnership with Equitas. The program draws on the strength of a growing network of 347 alumni in East Africa who are actively advancing human rights across the region.

This transformative two-week regional training program aims to unite **45 dedicated human rights educators and defenders from East Africa from Burundi, DRC, Ethiopia, Kenya, Rwanda, Somalia, South Sudan, Sudan, Tanzania and Uganda**. As change-makers in their communities, participants will engage in discussions about the current human rights landscape and the role of human rights education in advocating for inclusion and gender equality.

1 Program Goal

The goal of the EAHRP is to contribute to universal respect for human rights through strengthening the capacity of a global pool of human rights educators and defenders.

2 Program Objectives

By the end of the training, participants should be able to:

- Use internationally recognized human rights standards, principles and values;
- Integrate human rights, participatory and gender transformative approaches into their work;
- Identify human rights educational and advocacy tools and techniques that can increase the impact of their work;
- Develop critical thinking and analysis of the local and global context of human rights;
- Evaluate the results of their human rights education and advocacy work;
- Integrate Global South, local and non-dominant perspectives in human rights education and advocacy work;
- Create opportunities for networking to advance human rights and gender equality;
- Put into practice their learnings for a better impact in their community;



3 Program Content

The EAHRP is an intermediate-level program focusing on national, regional and international human rights standards, emerging issues and tailored human rights education strategies. The exploration of human rights principles and mechanisms, with reference to regional and international instruments and conventions, combined with ongoing critical reflection and inquiry and extensive sharing of experiences, strengthens participants' capacity to engage in effective human rights education and advocacy. This empowers them to promote equality and human dignity, and to become true catalysts for social change within their communities. The **East Africa Human Rights Program (EAHRP)** is comprised of three components:

1 An online introductory component with a limited number of activities

November/December 2026 to January 10th 2027

In the weeks preceding the in-person training, selected participants will engage in a preparatory learning path designed to optimize the program's impact. These online activities serve to harmonize foundational knowledge in human rights education (HRE) and to anchor the program in the participants' specific field realities.

Introductory activities involve:

- Completing and submitting a pre-training assignment
- Completing of the 10-hour online course Put the World to Rights to learn more about human rights
- Participating in online discussion groups with other selected participants.

They are self-paced and involve between 12 to 15 hours of work from participants over a five-week period.

2 An 11-day in-person training in Arusha, Tanzania



Week 1

Lays the groundwork for the program by inviting participants to articulate their needs and experiences in human rights education and advocacy, while introducing a participatory approach and the "learning spiral".

Participants get to know the members of their working group and engage in activities that build a productive group dynamic based on mutual respect. They become familiar with the overall Program content and methodology and deepen their understanding of human rights issues in their local contexts by situating them within broader societal and global perspectives.

The week also introduces key human rights concepts, with the *Universal Declaration of Human Rights* serving as a central reference for nurturing a culture of dignity and respect. Participants compare their personal experience of human rights between each other, exploring how their personal values, cultural diversity, and perceptions inform and influence their human rights practice and engagement, while highlighting the importance of critical reflection and the recognition of differences in building inclusive spaces.

The week concludes with a shift toward action: participants examine the United Nations and regional human rights systems, instruments, and mechanisms, reflecting together on how a human rights-based approach, aligned with the Sustainable Development Goals, can support positive social change and strengthen the protection and promotion of human rights worldwide.



Week 2

Focuses on developing practical skills for human rights education and advocacy in Africa.

Participants learn to design and implement initiatives for community-level change. The week explores international and regional human rights systems and mechanisms, notably within the African context, through case studies and discussions examining the usefulness of these instruments in participants' work and different situations, along with monitoring and mobilization tools, and the importance of raising awareness of human rights violations as a lever for cultural, social, and legal transformation.

Participants discover evaluation as an essential tool for continuous improvement in human rights programs. They examine methods for evaluating outcomes, pedagogical materials, and program objectives in order to refine their actions and increase their impact. Participants also begin planning their actions, translating their learning and gains from the program into actionable and structured strategies tailored to their local realities.

3 Implementation of the Pathways to Action plan, monitoring and evaluation, and access to self-paced online courses for continuing education and networking

As part of the Program, each participant is required to develop an individual Action Plan to apply their learning in a practical way once the Program concludes. This plan helps participants identify how the content can be adapted to their specific contexts, enabling them to design realistic and achievable social change initiatives to implement within their respective communities.

In the months following the in-person session, participants will be invited to engage in brief evaluation and follow-up activities, such as online questionnaires, in order to document and analyze their progress and challenges, and to share their updates. Participants will also benefit from ongoing learning opportunities through the Equitas Online Community. This platform provides EAHRP alumni access to online courses and a networking space to exchange experiences and best practices with peers from previous international and regional training programs.



4 Organization and Individual Profile

The EAHRP is designed for human rights educators and defenders actively engaged in community-based initiatives, whether through NGOs, self-help groups, or as independent actors. While priority is given to those directly involved in human rights work, individuals from educational institutions or other relevant organizations may also be considered if their work aligns with the program's focus on community action and human rights education.

The applicants as individuals or from any affiliated organizations must:

- Be at least 18 years of age at the time of application
- Speak, read, and write English fluently, as it is the working language
- Be active employees/ volunteers/ associates with their organization for at least two year (If you are not linked to any organization but have demonstrated an active commitment to promoting human rights and social justice, you may also apply)
- Be in a position to influence the human rights education work of their organization/community
- Have knowledge of human rights principles and major regional or international instruments
- Be committed to transferring knowledge and skills gained during the program to colleagues and others with whom they work
- Be sensitive to issues which may arise when working in multicultural groups and be respectful of diversity.

***Please note that individuals who have previously participated in the EAHRP or IHRTIP are not eligible.**

Participants from East African countries such as Burundi, DRC, Ethiopia, Kenya, Rwanda, Somalia, South Sudan, Sudan, Tanzania, and Uganda are encouraged to apply.



5 Language Requirement

The EAHRP uses a participatory training methodology that requires participants to actively engage in group work, discussions, and extensive reading.

Therefore, all participants must be fluent in reading and writing in English.

6 Participation fee

The EAHRP participation fee is **\$5,000 CAD** (approximately \$3,570 USD, based on current exchange rates). This amount covers tuition, program materials, accommodation, meals and emergency medical insurance (for participants coming from outside Tanzania). *** This amount does not cover travel costs***

Participants are responsible for any extra expenses incurred outside the program, such as entertainment or meals purchased outside the cafeteria.

APPLYING TO THE EAHRP

7 Selection Process

The selection process will be carried out by the committee composed of EAHRP Alumni and Equitas, who will review all applications received based on the eligibility criteria listed above.

Selection will take into account the overall quality of the application and the applicant's role in human rights education, the connection between the applicant's organization's work and the session's theme, gender balance, and diversity in geographic representation and in the range of human rights issues covered by accepted participants.

Given the high volume of applications and limited space available (maximum of 45 participants this year), we encourage all applicants to submit a complete and well-prepared application.

8 Bursaries

Through the support of the Government of Canada, Equitas offers a limited number of partial and full bursaries for selected candidates.

A bursary covers all tuition fees, including accommodation and meals, as well as travel expenses. Please note that no per diem will be provided for participation in the training.

Once eligibility has been determined, the Selection Committee will award the bursaries to the candidates who best meet the requirements.

Due to the limited number of bursaries available, there is no guarantee that the selected candidates will receive funding. It is therefore strongly recommended that candidates begin identifying and seeking other sources of funding as soon as they are selected.



9 How to apply

1 Complete the online Application Form

2 When completing the form, please ensure that you also upload the necessary accompanying documents:

- The Memorandum of Agreement signed by the candidate **and** the Director, Chair or Manager of the applicant's affiliated organization or non-affiliated Organization if the applicant is an Individual human rights educator or defender.
- **Two supporting letters with letterheads** from national and/or international human rights organizations (other than the applicant's) familiar with the applicant's work and/or the work of their organization.
- For applicants affiliated with an organization: **A brochure** (and/or mission statement) describing the candidate's organization.

Please include your country and name in the file names of your supporting documents, and make sure all required documents are provided, otherwise, your application may be considered incomplete and therefore ineligible.

10 Application Deadlines

The completed application must be submitted using the online application form by **September 20, 2026**

Please note that no applications will be accepted after this date.

If you haven't received an email confirming that we received your application by **September 27, 2026**, please contact us immediately at **eahrp@equitas.org**.





ABOUT TUSONGE

TUSONGE is a non-profit organization working in the Kilimanjaro region of Tanzania since 2010, stemming from the recognition that many communities are faced with challenges such as poverty and social injustice. The organization's motto is "MAKING REAL DIFFERENCES IN LIVES".

For more information please visit: tusongecdo.org

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EAHRP
2027

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educate. empower. change.

ABOUT EQUITAS

Equitas is Canada's most recognized and active human rights education organization. We work for the advancement of equality, social justice and respect for human dignity through transformative education programs. We empower people to address inequality and discrimination, and to work to build more inclusive and rights-respecting communities.

For more information, please visit equitas.org

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