

INTERNATIONAL HUMAN RIGHTS TRAINING PROGRAM

42ND
EDITION

Program brochure



The IH RTP is a world leading program on human rights education.

The International Human Rights Training Program (IH RTP) is an internationally recognized intensive training program. It is the only training in the world specifically dedicated to building the capacity and skills of human rights educators and human rights defenders.

The program is a unique opportunity for human rights educators and defenders to acquire practical tools to improve the effectiveness and impact of their work while deepening their understanding of human rights.



Location

Orford, Quebec, Canada



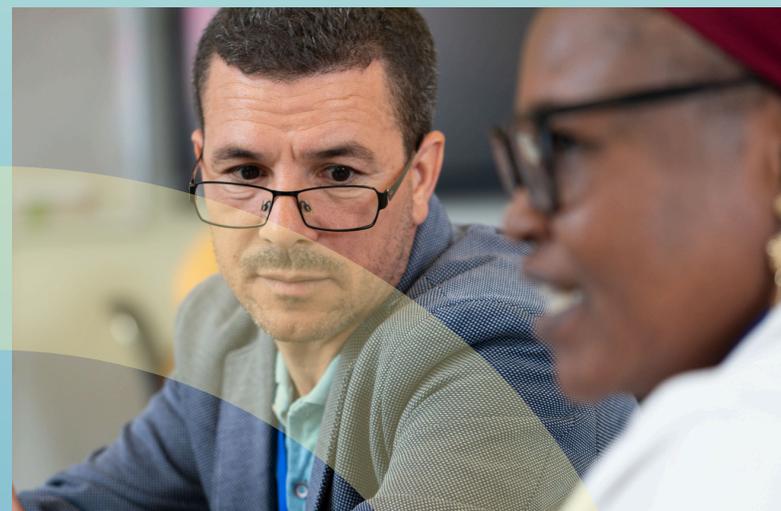
Online activities

September 15 - October 17, 2025



In-person training

October 26 - November 7, 2025



Who should apply?

- ✓ **Human rights educators** who develop trainings and educational materials
- ✓ **Human rights defenders** who advocate for the promotion and protection of human rights
- ✓ **Individuals without affiliation to an organization** but who have demonstrated their commitment to influencing, engaging with and advocating for the promotion of human rights and social justice

Participation fees

The participation fee is **\$ 9,000 CAD**.

This covers:

- Training costs
- Accommodation and meals
- Program materials
- Emergency medical insurance

**Participants are responsible for their international transportation.*

Full and partial bursaries may be available.

Location

IHRTP 2025 will be held at a venue in **Mont-Orford National Park**. Located 145 km outside of Montreal, this natural setting will make for an excellent destination for exchange, learning, and new perspectives. Transport to and from the airport will be arranged for all participants.

Application Deadline

APRIL 2, 2025

Why apply to this unique program?

1 Innovative approach

The Program is an immersion into the participatory approach. The participants are at the heart of the process. They analyze their work and create new strategies for action based on their own experience.



2 From education to action

During the training, the participants develop an individual plan, with the help of coaches, in order to put into practice their newly acquired knowledge and skills through actionable strategies.

By designing plans that drive social change, participants are empowered to create meaningful and sustainable impact in their communities.



3 Diversity

The varied professional backgrounds of the participants bring a great richness to the program. This year, 65 participants from dozens of countries will join the program based on their experience and commitment to the field of human rights.



Professional Development

In addition to the participatory approach, the program familiarizes participants with the human rights-based approach, the gender perspective and the systems approach. The participants acquire and develop tools for improving the effectiveness and the concrete impact of their work. The IH RTP helps participants transform their work methods by making them more inclusive and participatory.



Networking

The IH RTP is an opportunity for participants to meet other committed individuals who, like them, are leaders working for change in their communities. By taking part in the training, the participants become members of a community of practice allowing them to network with more than 3800 former participants and experts and to share tools and resources online.

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Expertise and international recognition

Equitas has over 50 years of experience in human rights education. The quality of our prize-winning work has been recognized in Canada and abroad. In addition to having trained several world leaders in human rights, Equitas has an ongoing working relationship with the Office of the United Nations High Commissioner for Human Rights.



About Equitas

Based in Montreal, Equitas is Canada's most recognized and active human rights education organization. We work for the advancement of equality, social justice and respect for human dignity through transformative education programs. In the last 50 years, we have reached over 4 million people worldwide.

"In a time of increasing divisiveness, learning about the powerful tool of human rights and about how to dialogue through difference is more than ever relevant and critical. Equitas' International Human Rights Training Program creates a great setting to do just that. For over four decades, thousands of human rights defenders from over 140 countries have learnt not just about the human rights framework but also from each other. They have gone on to lead significant social changes in their respective communities in a way that bridges through differences to protect the rights for all."

- Odette McCarthy, Equitas Executive Director

"The IH RTP has expanded my knowledge and given me so much insight to a lot of things. I feel like a new person and I can hold my head up high with what I have learned. This is one of the very best trainings I have participated in."

- Participant from Nigeria 🇳🇮

"The IH RTP has enriched my knowledge and made me acquire new skills to apply at my work back home. The program is full of valuable techniques, lessons, methods, instruments and information. I am very happy that I was part of this amazing program."

-- Participant from Jordan 🇯🇴



How to apply

Complete the [online application form](#).

When completing the form, please ensure that you also upload the necessary accompanying documents:

- The **Memorandum of Agreement** signed (*which can be found on Equitas' [Apply Now](#) page*)
- **Two supporting letters from national and/or international human rights organizations** (*other than the candidate's*) that are familiar with your work and/or the work of your organization
- (*For applicants affiliated with an organization*) **A brochure and/or mission statement** describing your organization

Application Deadline

APRIL 2, 2025

equitas

educate. empower. change.

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**Equitas acknowledges that its office is located on unceded
Kanien'kehá:ka (Mohawk) land.*

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