

FROM SATURN TO JUPITER

Right to be treated fairly (CRC article 2, 30) and the responsibility to respect others and their diversity

Time: 20 minutes
Age: 6+
Materials: 2 cones
Values: Respect for diversity and acceptance
Life skills: Empathy, self-awareness

About this activity

The members of the group will discover certain similarities and differences during this activity, as they navigate towards a designated spot (planet). Then, in the group discussion, participants will reflect on their similarities and differences and discuss ways to appreciate each other for who they are.

Instructions

1. Place 2 cones about 20 meters apart. Label one of the cones **Saturn** and the other **Jupiter**.
2. Explain to the participants that you will present them with options (see suggestions of options below) and that each one of them will have to decide which group they belong to before running towards the right planet to join their group.
3. Present the options in the following manner: **“If you [have brown hair], go to Saturn; if you [do not have brown hair], go to Jupiter.”** Let everyone run to the appropriate cone.
4. Continue the activity by calling out different options drawing on the suggestions provided below. Add some constraints depending on the abilities of the group members, such as “jump like a frog, hop on one foot, or crawl backwards.”
5. Do the activity for **10-15 minutes**, then to the group discussion.

Use these suggestions below as prompts or create your own.

SUGGESTED OPTIONS
If you are wearing green, go to Saturn. If you are not wearing green, go to Jupiter.
If you like soccer, go to Saturn. If you do not like soccer, go to Jupiter.
If you do not have a sibling, go to Saturn. If you have a sibling go, to Jupiter.
If you like to paint, go to Saturn. If you do not like to paint, go to Jupiter.
If you do not have curly hair, go to Saturn. If you have curly hair, go to Jupiter.
If you know how to play a musical instrument, go to Saturn. If you do not know how to play a musical instrument, go to Jupiter.

Group Discussion

These questions are essential in shaping the group discussion and to achieve the goals of the activity.



FEEL

- How did you feel when you had a lot of people on the same planet as you? How did you feel when there were less people on the same planet as you?



THINK

- Were there moments when you did not know which planet to go to? Why?
- We all have different characteristics within us that make us who we are. What are some things that make you similar or different from others in the group?
- Why is it fun to be different sometimes?
- Why is it important to include everyone, even when we are different or we like different things?



ACT

- What can we do to make sure everyone feels like they are part of the group?
- What can we do to make sure we appreciate each other for who we are?

Challenge: Organize a sharing circle to encourage members of the group to learn more about each other's traditions, religions, or every individual's favorite holidays.