



ABOUT THE PROGRAM



1 Program Goal

The goal of the EAHRP is to strengthen the capacity of a regional pool of human rights organizations and institutions to use a human rights-based approach (HRBA) to advance gender equality and human rights through human rights education (HRE), with the purpose of building a global culture of human rights.

To this end, the program places a strong emphasis on the transfer of learning and on follow-up activities. Participants attending the program develop an Individual Plan for putting their learning into action as part of the training. Therefore, when submitting their application, both organizations and individuals nominated should consider how the transfer of learning might take place within and beyond the organization after the program (refer to section on Individual Plan for Putting Learning into Action for some examples).

2 Program Objectives

By the end of the training, participants should be able to:

- use a framework based on regionally and internationally accepted human rights standards and principles to analyze the issues and situations encountered in their work and that of their organization
- identify ways in which human rights education can increase the effectiveness of their human rights work
- integrate a participatory approach into their human rights and human rights education work
- incorporate a human rights-based approach and a gender perspective in their human rights and human rights education work
- determine strategies for promoting gender equality in their human rights education work
- employ a basic evaluation process for assessing the results of their human rights education work
- explore networking opportunities essential for furthering the cause of human rights
- indicate appropriate ways for putting their learning from the EAHRP into practice in the work of their organizations

East Africa Human Rights Program (EAHRP)

- February 21 – March 5, 2021
- East Africa, venue TBC
- Application deadline:
September 28, 2020

3 Curriculum Model

The participatory curriculum design model of the EAHRP is based on principles of adult experiential learning. The underlying principle is that much of the content will come from the participants and that the program will serve as a framework for drawing out this content. Participants and facilitators commit themselves to engage in a process of mutual teaching, sharing and learning. The emphasis is on practical application and development of strategies for future and joint action. Continued reflection, analysis and evaluation are central to the learning process.

Participants work for the most part in groups of around 15 people with a facilitator whose role is to provide guidance in achieving the program objectives. The facilitators, all from East Africa and alumni of the EAHRP or IHRTP, are skilled in adult education methods, knowledgeable about human rights and experienced in working with diverse groups. Nationally, regionally and internationally recognized human rights experts are invited to give presentations and participate in panel discussions throughout the two-week program.

4 Program Content

The EAHRP is an intermediate-level program focusing on national, regional and international human rights standards, current human rights issues, trends and human rights education strategies. The exploration of human rights principles with reference to regional and international instruments and conventions, ongoing critical reflection and inquiry, as well as extensive sharing of experiences allows participants to strengthen their capacity to engage in effective human rights education leading to social change.



Week 1

Participants will get to know the members of their working group and engage in activities that lay the groundwork for developing a productive group dynamic based on mutual respect. They will become familiar with the overall Program content and methodology and compare their personal experience of human rights with those of other participants.

Discussions will help participants understand the meaning and necessary elements for building a culture of human rights in their communities. The week provides an opportunity for participants to examine their roles as human rights workers in the region and within a global context.

Week 2

The week will have participants go through case studies and discussions to examine the main regional and international human rights instruments in order to explore the usefulness of these instruments in their work and different situations.

During a number of activities, participants are grouped by countries which will give them an opportunity to work together to:

- examine key components of effective monitoring and advocacy and the role of these activities in human rights education
- identify opportunities for collaboration for human rights advocacy and education campaigns



5 Individual Plan for Putting Learning into Action

During the program, every participant is required to prepare an Individual Plan for putting their learning into practice once they return to their organizations. By reflecting on the content of each component or Stream of the program, the Individual Plan helps participants determine how content is transferable to their own context, resulting in a planned integration of this new knowledge in the future activities of their organization. Throughout the Program, participants will have opportunities to discuss their Individual Plans with other participants, facilitators and alumni for feedback. Some past activities developed in Individual Plans and carried out afterwards include the organization of training sessions based on certain components of the EAHRP, the integration of participatory methodology in training sessions, the translation of training manuals, the creation of networks and the development of new programs and partnerships.

APPLYING TO THE EAHRP

Organization and Individual Profile

Organizations and individuals are carefully selected in order to maximize the benefits from the EAHRP.

Organizations which nominate candidates must:

- have a demonstrated commitment to the protection and promotion of human rights
- have a track record for mobilization and effective action
- be involved in human rights education activities such as training sessions, workshops, public awareness campaigns, advocacy, monitoring
- be committed to providing opportunities for individuals to apply the knowledge and skills gained in the program within the organization or community



The EAHRP is primarily designed for representatives of non-governmental human rights organizations (NGOs, community-based organizations, youth or self-help groups) who have undertaken some human rights education training activities.

Consideration will also be given to individuals who may not necessarily be associated with an organization but more with community action and mobilization on specific issues. The individual will still be expected to meet the above requirements from a community perspective. Further, in a limited number of cases, consideration will also be given to individuals affiliated with other types of organizations involved in human rights education and corresponding to the above profile, such as educational institutions.

Candidates from qualifying organizations must:

- be active employees / volunteers / associates with their organization for at least one year
- be in a position to influence the human rights education work of their organization
- have knowledge of human rights principles and major regional or international instruments
- be committed to transferring knowledge and skills gained during the program to colleagues and others with whom they work
- be sensitive to issues which may arise when working in multicultural groups and be respectful of diversity

Please note that whilst someone may apply to both the EAHRP and the Equitas International Human Rights Training Program (IHRT), they can only participate in one of the Programs.

Participants may come from the following East African countries: Burundi, Kenya, Rwanda, Somalia, South Sudan, Sudan, Tanzania, Uganda.

Language Requirement

The EAHRP requires participants to actively engage in group work and read extensively. Therefore, **all participants must be fluent in reading and writing in English.**

Participation fee

The EAHRP participation fee is \$3,500 USD. This amount covers tuition, program materials, accommodation, and meals, but does not include travel costs. Participants are responsible for any extra expenses such as entertainment and meals purchased outside of the cafeteria.

Accommodation and Meals

The 6th EAHRP will most likely be held in Tanzania or Kenya with the venue being confirmed at a later date. Accommodation and meals will be provided from the first day to the last day of the training.

Although every consideration is made to accommodate the needs of each participant, it is difficult to cater to all dietary and social preferences. Participants' understanding in this matter is greatly appreciated.

Application Deadline

Fully completed applications should be sent to eahrp2021@equitas.org by September 28, 2020.

Selection Process

A Selection Committee, made up of EAHRP alumni and Equitas, will review all applications. In addition to the requirements previously listed, consideration will also be given to overall gender balance, (dis)ability and geographic representation. Given the number of applications and limited space available, unfortunately not all worthy candidates are accepted. Applicants' understanding in this matter is greatly appreciated. Completed applications must be sent to eahrp2021@equitas.org by September 28, 2020 and all candidates will be notified of the results of the selection by November 20, 2020.

Bursaries

Through the support of the Government of Canada, there is funding to award a limited number of bursaries to selected regional candidates. A bursary includes full tuition fees (including room and board) for the two-week training program as well as travel expenses.

Once eligibility has been determined, the Selection Committee will award the bursaries to the candidates who best meet the requirements. Due to the limited number of bursaries available, there is no guarantee that the selected candidates will receive funding.

Program Preparation

To maximize the benefits of the EAHRP, it is crucial that accepted candidates prepare themselves prior to the training. These preparations include:

- exploring ideas for possible human rights education follow-up activities to be implemented by their organization after completion of the EAHRP (see section on Individual Plan for Putting Learning into Action)
- reviewing the content of international human rights instruments and bringing copies in their native language, where available
- be ready to share human rights education materials from their organization with other participants

Applications must include:

- The completed Application Form (Part A completed by the Director, Chair or Manager of the candidate's organization; Part B completed by the candidate)
- The Memorandum of Agreement duly signed by the candidate and the Director, Chair or Manager of the candidate's organization
- Two supporting letters from national and/or international human rights organizations (other than the candidate's) familiar with the candidate's work and/or the work of their organization
- A brochure (and/or mission statement) describing the candidate's organization

Participants who have sent their applications before the deadline and haven't received an application form number by October 2, 2020 should contact eahrp2021@equitas.org immediately.





ABOUT THE EAHRP

The East Africa Human Rights Program (EAHRP) is a human rights education initiative of alumni of Equitas' annual International Human Rights Training Program (IHRTTP)

from the East African region and alumni of the EAHRP in partnership with Equitas. The EAHRP arose out of the realization of the need to expand opportunities for more human rights workers operating at national and community levels seeking to acquire the knowledge and skills they need to carry out their work more effectively but who were not able to secure opportunities to attend the annual IHRTTP organized by Equitas in Canada.

Since the inception of the EAHRP:

- The alumni team have developed a "home-grown" human rights training and education curriculum based on relevant regional human rights issues and concerns.
- A network of core human rights training facilitators with demonstrated commitment to the cause of establishing a culture of human rights in the region has been established.
- 158 people have participated in the EAHRP over five editions.

ABOUT TUSONGE

TUSONGE is a non-profit organization working in the Kilimanjaro region of Tanzania since 2010, stemming from the recognition that many communities are faced with challenges such as poverty and social injustice. The organization's motto is "MAKING REAL DIFFERENCES IN LIVES". TUSONGE works to enhance the skills of communities, groups, and individuals to explore, appreciate and respect the available local resources in order to produce social transformation and influence of the most marginalized groups and individuals to sustainably secure their social and economic rights. Through facilitative leadership support, participatory and democratic approaches, TUSONGE supports its beneficiaries in exploring and appreciating the potential of existing communities and contributes directly to improving their livelihood and sustainability.

For more information about TUSONGE, please visit www.tusongecdo.org

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ABOUT EQUITAS

Based in Montreal, Equitas is Canada's most recognized and active human rights education organization. We work for the advancement of equality, social justice and respect for human dignity through transformative education programs. We empower people to address inequality and discrimination, and to work to build more inclusive and rights-respecting communities.

For more information about Equitas, please visit www.equitas.org

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Canada

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