

07

From Saturn to Jupiter

Age	3-5 year-olds, 6-8 year-olds
Time	10 minutes
Materials	2 cones
Purpose	To think about how we all share things in common and how we all have similarities and differences
Values	Respect for diversity and acceptance
Rights and responsibilities	Right to non-discrimination (Article 2, CRC) For all of us to enjoy this right, we need to respect others

To support the participation of all group members (including English-language learners), help build their vocabulary related to the activity (e.g., planet, inclusion, exclusion). Refer to [tips and strategies on pg. 125](#) for ideas on how.

Object of the game

For each child to identify with a particular group by running to a designated spot (planet).

How to play

1. Place 2 cones about 20 metres apart. Label 1 cone “Saturn” and the other “Jupiter.”
2. Explain to the children that you will give some instructions. They will have to decide which group they belong to and then run to the planet to join their group.
3. Give them the instructions in the following way: “If you [have brown hair], go to Saturn; if you [do not have brown hair], go to Jupiter.” Let the children run to the appropriate cone.
4. Continue the game by calling out different instructions drawing on the suggestions provided below. Add some movement constraints such as asking the children to jump like a frog, hop on 1 foot, or crawl backwards.

Suggested instructions

- If you ARE wearing green, go to SATURN.
If you are NOT wearing green, go to JUPITER.
- If you like soccer go to SATURN.
If you do NOT like soccer go to JUPITER.
- If you do NOT have a sister go to SATURN.
If you have a sister go to JUPITER.
- If you like painting go to SATURN. If you do NOT like painting go to JUPITER.
- If you have curly hair go to JUPITER. If you do NOT have curly hair go to SATURN.
- If you know how to play a musical instrument go to SATURN. If you do NOT know how to play a musical instrument go to JUPITER.

Group discussion

Feel

- How do you like this game?
- How did you feel when you were part of a large group on the same planet? What about a small group on the same planet? (6-8 year-olds)

Think

- Is it fun to have friends who are different from you? Why?
- What makes you feel happy in our group?
- Were there times when you did not know which planet to go to? Why? (6-8 year-olds)
- How do you know when you are being included? How do you know if you are being excluded? (6-8 year-olds)

Act

- What can we do to make sure everyone feels happy in our group?
- What can we do to make sure everyone feels like they are a part of our group? (6-8 year-olds)

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