

2017

## East Africa Human Rights Program (EAHRP)

### Program Information

To be held October 15 – 27, 2017

Tanzania, East Africa

Application deadline: January 31, 2017

#### The 5th East Africa Human Rights Program Training (EAHRP)

This training program is designed and implemented by East African alumni of Equitas' annual International Human Rights Training Program and The East Africa Human Rights Program (EAHRP). The 2017 EAHRP is hosted by TUSONGE Community Development Organisation, Tanzania.

The EAHRP is a regional training program targeting participants from East African Countries. Now in its 5<sup>th</sup> rendition this two-week training session brings together over thirty (30) participants from the East African human rights community. The EAHRP provides a unique opportunity for human rights workers, defenders, activists and educators to deepen their understanding of human rights and the essential role of human rights education in effecting and sustaining social change.

Participants in the 2017 EAHRP training will include representatives from non-governmental organizations (NGOs), community-based organizations, youth or self help groups. If you feel you or your organization meet the selection criteria and the program objectives meet your respective needs I invite you to complete the attached application form.

*Aginatha Festo Rutazaa, Managing Director,*

*TUSONGE CDO*

#### Program Goal

The goal of the EAHRP is to strengthen the capacity of human rights organizations and individuals to undertake human rights education efforts (e.g., training, civic awareness, campaigns, information dissemination and advocacy) aimed at building a regional culture of human rights.

To this end, the program places a strong emphasis on the transfer of learning and on follow-up activities. Participants attending the program develop an Individual Action Plan for putting their learning into action as part of the training. Therefore, when submitting their application, both organizations and individuals nominated should consider how the transfer of learning might take place within and beyond the organisation after the program. (See Individual Action Plan section below for some examples)

#### Program Objectives

By the end of the 5<sup>th</sup> EAHRP training, participants should be able to:

- use a framework based on regionally and internationally accepted human rights standards and principles to analyze the issues and situations encountered in the course of their work in organizations or the community
- determine how to incorporate participatory methods and techniques into their human rights education work
- indicate appropriate ways for putting their learning from the 5<sup>th</sup> EAHRP into practice in the work of their organizations
- identify opportunities for future collaborative and networking activities essential for furthering the cause of human rights
- determine strategies for promoting gender equality, minority rights and disability rights in their human rights education work
- employ a basic evaluation process for assessing the results of their human rights education work

#### Curriculum Model

The participatory curriculum design model of the 5<sup>th</sup> EAHRP is based on principles of adult

experiential learning. The underlying principle is that much of the content will come from the participants and that the program will serve as a framework for drawing out this content. Participants and facilitators commit themselves to engage in a process of mutual teaching, sharing and learning. The emphasis is on practical application and development of strategies for future and joint action. Continued reflection, analysis and evaluation are central to the learning process.

Participants work for the most part in groups of about 15 with a facilitator whose role is to provide guidance in achieving the program objectives. The facilitators are skilled in adult education methods, knowledgeable about human rights and experienced in working with diverse groups. Nationally, regionally and internationally recognized human rights experts are invited to give presentations and participate in panel discussions throughout the two-week program.

## Program Content

The 5<sup>th</sup> EAHRP is an intermediate-level program focusing on national, regional and international human rights standards, current human rights issues, trends and human rights education strategies. The exploration of human rights principles with reference to regional and international instruments and conventions, ongoing critical reflection and inquiry, as well as extensive sharing of experiences allows participants to strengthen their capacity to engage in effective human rights education leading to social change.

### Week 1

Participants will get to know the members of their working group and engage in activities that lay the groundwork for developing a productive group dynamic based on mutual respect. They will become familiar with the overall Program content and methodology and compare their personal experience of human rights with those of other participants.

Discussions will help participants understand the meaning and necessary elements for building a culture of human rights culture in their communities.

The week provides an opportunity for participants to examine their roles as human rights workers in the region and within the global context.

### Week 2

The week will begin by having participants go through case studies and discussions to examine the main regional and international human rights instruments in order to explore the usefulness of these instruments in their work and different situations.

During a number of activities, participants are grouped by countries which will give them an opportunity to work together to:

- examine key components of effective monitoring and advocacy and the role of these activities in human rights education
- identify opportunities collaboration for human rights advocacy and education campaigns

## Individual Plan for Putting Learning into Action

During the program, every participant is required to prepare an Individual Action Plan for putting their learning into practice once they return to their home organizations. By reflecting on the content of each component or stream of the program, the Individual Action Plan helps the participants determine how content is transferable to their own context, resulting in a planned integration of this new knowledge in the future activities of their organization. Throughout the Program, participants will have opportunities to discuss their Individual Action Plans with other participants, their facilitators and alumni for feedback. Examples of past activities developed in Individual Action Plans and carried out afterwards include: organization of training sessions based on certain components of the training, integration of participatory methodology in training sessions, translation of training manuals, the creation of networks and the development of new programs and partnerships.

## Organization and Individual Profile

Organizations and individuals are carefully selected in order to maximize the benefits from the 5<sup>th</sup> EAHRP.

Organizations which nominate candidates must:

- have a demonstrated commitment to the protection and promotion of human rights
- have a track record for mobilization and effective action
- be involved in human rights education activities such as training sessions, workshops, public awareness campaigns, advocacy, monitoring
- be committed to providing opportunities for their individuals to apply the knowledge and skills gained in the program within the organization or community

The 5<sup>th</sup> EAHRP is primarily designed for representatives of non-governmental human rights organizations (NGOs, community-based organizations, youth or self-help groups) who have undertaken some human rights education training activities.

Consideration will also be given to individuals who may not necessarily be associated with an organization but more with community action and

mobilization on specific issues. The individual will still be expected to meet the above requirements from a community perspective. Further, in a limited number of cases, consideration will also be given to individuals affiliated with other types of organizations involved in human rights education and corresponding to the above profile, such as educational institutions.

Candidates from qualifying organizations must:

- be active employees / volunteers / associates with their organization for at least one year
- be in a position to influence the human rights education work of their organization
- have knowledge of human rights principles and major regional or international instruments
- be committed to transferring knowledge and skills gained during the program to colleagues and others with whom they work
- be sensitive to the issues which arise when working in multicultural groups and respectful of diversity

Please note that whilst you can apply to both the EAHRP and the Equitas International Human Rights Training Program, you can only participate in one of the Programs.

### Language Requirement

The 5<sup>th</sup> EAHRP requires participants to actively engage in group work and read extensively. Therefore, **all participants must be fluent in reading and writing in English.**

### Selection Process and Bursaries

A Selection Committee will review all applications. In addition to the requirements previously listed, consideration will also be given to overall gender balance, disability and geographic representation. Given the number of applications and limited space available, we are unable to accept many worthy Candidates. Your understanding is greatly appreciated.

#### Candidates:

Through the support of the Canadian Foreign Affairs, Trade and Development Department we have funding to award a **limited** number of bursaries to selected regional Candidates. A bursary includes full tuition fees (including room and board) for the 2-week training program as well as travel expenses. Once eligibility has been determined, the Selection Committee will award the bursaries to the Candidates who best meet the requirements. Due to the limited number of bursaries available, there is no guarantee that the selected Candidates will receive funding.

Completed applications must be returned to [eahrp2017@gmail.com](mailto:eahrp2017@gmail.com) by **January 31, 2017**

and all Candidates will be notified of the results of the selection by the end of **March 30<sup>th</sup>, 2017.**

### Participation fee

The EAHRP participation fee is \$3,300 USD This amount covers: tuition, program materials, accommodation, meals, but does not include travel costs.

Participants are responsible for any extra expenses such as entertainment and meals purchased outside of the cafeteria.

### Program Preparation

To maximize the benefits of the EAHRP, it is crucial that accepted Candidates prepare themselves prior to the training. These preparations include:

- returning a completed pre-training assignment
- exploring ideas for possible human rights education follow-up activities to be implemented by their organization after completion of the EAHRP (see Individual Plan for Putting Learning into Action on page 2)
- reviewing the content of international human rights instruments and bringing copies in their native language, where available
- be ready to collect human rights education materials to share with other participants

### Accommodation and Meals

The 5<sup>th</sup> EAHRP will be held in **Tanzania, East Africa**. The venue will be confirmed at a later date. Accommodation and meals will be provided from **the first day to the last day of the training.**

Although every consideration is made to accommodate the needs of each participant, it is difficult to cater to all dietary and social preferences. Your understanding in this matter is greatly appreciated.

### Application Deadline

The completed applications must be returned to [eahrp2017@gmail.com](mailto:eahrp2017@gmail.com) by:

**January 31, 2017.**

Please send all documents related to your applications **by email** to: [eahrp2017@gmail.com](mailto:eahrp2017@gmail.com)

### Your application must include:

- The completed Application Form (Part A completed by the Director, Chair or Manager of the Candidate's organization; Part B completed by the Candidate)
- The **Memorandum of Agreement** duly signed by the Candidate **and** the Director, Chair or Manager of the Candidate's organization
- Two supporting letters** from national and/or international human rights organizations (**other than the Candidate's**) familiar with the Candidate's work and/or the work of his or her organization
- A **brochure** (and/or mission statement) describing the Candidate's organization

*If you haven't received an application form number by **February 20<sup>th</sup>, 2017**, please contact us immediately.*

## East Africa Human Rights Program (EAHRP)

The East Africa Human Rights Programme (EAHRP) is the human rights education initiative of alumni of the annual International Human Rights Training Programme from the East African region and alumni of the East Africa Human Rights program in partnership with Equitas – the International Centre for Human Rights Education based in Montreal, Canada. The EAHRP arose out of the realization of the need to expand opportunities for more human rights workers operating at national and community levels seeking to acquire the knowledge and skills they need to carry out their work more effectively but who were not able to secure opportunities at the annual International Human Rights Training Program (IHRTTP) programme organized by Equitas in Canada.

Since the inception of the EAHRP:-

- The team have developed a “home-grown” human rights training and education curriculum based on relevant regional human rights issues and concerns.
- A pool of core human rights training facilitators with demonstrated commitment to the cause of establishing a culture of human rights in the region have been established.
- 123 participants have participated in the first four EAHRP two week training sessions.

## Equitas- International Centre for Human Rights Education

Equitas is a non-profit, non-governmental organization based in Montreal, Canada. Founded in 1967, Equitas works to advance equality, social justice and respect for human dignity through transformative education programs in Canada and around the world. Equitas has won awards for its innovative programming with children and youth in Canada – *Play it Fair!* and *Speaking Rights* – that reinforce human rights values and build skills to resolve conflicts peacefully.

Equitas' global programming has been built upon the experience of its annual International Human Rights Training Program (IHRTTP) in Montreal which brings together about 90 participants every year from approximately 50 countries. Since its inception in 1980, over 3,500 human rights defenders from more than 100 countries have attended the program. Currently, Equitas engages in regional programs in West and East Africa, the Middle East and North Africa, Asia, Colombia, Haiti and Canada. These regional programs focus on further equipping human rights defenders to promote human rights principles and

values such as equality, inclusion and non-discrimination in their communities. They also play an important role in building networks of human rights defenders. Capacity-building for national human rights institutions and government institutions, including ensuring collaboration between such entities and NGOs, is also an integral part of Equitas' programs.

Innovative elements of the Equitas approach to human rights education:

- Promotion of human rights based approaches in response to challenges regarding human rights abuses, sustainable development, democratic governance and conflict
- Education focused on building knowledge, skills and positive values
- Participatory learning approaches/methodologies
- Follow-up and support for practical application of learning
- Ongoing evaluation
- Engaged partnerships and networking that include systematic sharing of expertise and methodologies

For further information about Equitas and its activities, please visit our website at [www.equitas.org](http://www.equitas.org) or contact us at the address below:

**Equitas - International Centre for Human Rights Education**

666 Sherbrooke St. West, Suite 1100  
Montréal, Québec, H3A 1E7, Canada

Telephone: 1-514-954-0382 Fax: 1-514-954-0659 Email: [cbradley@equitas.org](mailto:cbradley@equitas.org)

## TUSONGE

TUSONGE is a non-profit organization working in the Kilimanjaro region of Tanzania since 2010, stemming from the recognition that many communities are faced with challenges such as poverty and social injustice.

The organization's motto is "MAKING A REAL DIFFERENCES IN LIVES". TUSONGE works to enhance the skills of communities, groups, and individuals to explore, appreciate and respect the available local resources in order to produce social transformation and influence of the most marginalized groups and individuals to sustainably secure their social and economic rights. Through facilitative leadership support, participatory and democratic approaches, TUSONGE supports its beneficiaries in exploring and appreciating the potential of existing communities and contributes directly to improving their livelihood and sustainability.

For further information about TUSONGE and its activities, please visit our website at [www.tusongecdo.org](http://www.tusongecdo.org)

or contact us at the address below:

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