

Human Rights Twister

Age:	9-10 years old
Time:	15-20 minutes
Location:	Indoors/Outdoors
Group Size:	10-12
Activity Level:	Moderate to active
Materials:	A twister game using a large cloth or sheet of plastic with the letters of the alphabet written on it, a large piece of paper, a felt-tip pen
Principal Value:	Cooperation
Other Values:	Respect, inclusion



References

For help animating this activity, please consult the following reference sheets:

- 01 to 03 – Human Rights and Children’s Rights
- 06 – The Toolkit Values
- 13 – Selecting and Facilitating Activities
- 14 to 17 – Group Discussion

Purpose of the Activity

To experience working together and to think about:

- Human rights
- How we can increase respect for human rights

Rights and Responsibilities

Right to know your rights (Article 42); right to exercise your rights (Article 4)

For all of us to enjoy these rights, we need to:

- Learn about our rights
- Respect the rights of others

Object of the Game

Spell out key human rights words on a twister game using feet and hands.

Preparation of Materials

Make a “Twister” game by using a large piece of cloth or plastic (a plastic tablecloth or an old sheet could be used). You can also draw it on the ground.

	W	X	Y	Z	
Q	R	S	T	U	V
K	L	M	N	O	P
E	F	G	H	I	J
	A	B	C	D	

Rights in one word (in alphabetical order)

1. Dignity
2. Education
3. Equality
4. Food
5. Freedom
6. Home
7. Love (from parents)
8. Name
9. Nationality
10. Opinion
11. Participation (in decisions that affect us)
12. Play
13. Protection
14. Religion

How to Play

1. Ask the children if they know what human rights are. Consult the reference sheets about human rights (References 01, 02, and 04).
2. Then, ask the children to name some rights and list them on a large piece of paper posted on the wall. Underline a key word in each right (such as, right to express an opinion).
3. When you have listed at least 3 or 4 rights, have the children spell out the key word in the human right from the list by placing their hands and feet on the appropriate letters of the "Twister" game.
4. When 1 child's hands and feet are in place and the word is not yet completed, ask another child to join in to complete the word. If the hand or foot of another child already covers a letter, the player just has to touch the child that is on that letter.
5. When a letter is too far to reach, invite another child to join the game to complete the word.
6. There should be no more than 5 or 6 children on the "Twister" game at the same time. Start another word so that other children can participate. Make sure all children have a turn.

Group Discussion

After the game, have the children reflect on the experience. You can use these questions as a guide:

Feel



- How did you like the game?

Think



- What kind of strategies (tricks) did you use when playing?
- How did you cooperate in this game?
- Does everyone have human rights?
Discuss with the children the fact that rights are for all human beings without exception. Rights are universal.
- Sometimes, while you were playing, there were 2 or 3 rights being spelled out at the same time. The rights were all mixed up together. Do you think you can have more than 1 right at the same time?

Act



- What can we do to make sure that everybody's rights are respected in our group?
- How can we learn more about the rights we all have?



You can download other games from the following website:

<http://www.equitas.org/toolkit/>