

From Saturn to Jupiter

Age:	6-8 years old
Time:	10-20 minutes
Location:	Indoors/Outdoors
Group Size:	10-30
Activity Level:	Active
Materials:	2 cones (or 2 backpacks)
Principal Value:	Respect for diversity
Other Value:	Acceptance



References

For help animating this activity, please consult the following reference sheets:

- 06 – The Toolkit Values
- 13 – Selecting and Facilitating Activities
- 14 to 17 – Group Discussion

Purpose of the Activity

To experience similarities and differences and to think about:

- How we all share things in common
- How we all have similarities and differences

Rights and Responsibilities

Right to non-discrimination (Article 2)

For all of us to enjoy this right, we need to:

- Appreciate what we have in common with others
- Learn about others
- Respect each other's differences

Object of the Game

For each child to identify with a group and run to a designated spot.

How to Play

1. Place 2 cones about 20 metres apart. 1 cone is "Saturn" and the other is "Jupiter."
2. Explain to the children that you will give some instructions. They will have to decide which group they belong to and then run to the planet to join their group.
3. Give them the instructions in the following way: "Those who [have brown hair], go to Saturn; those who [do not have brown hair], go to Jupiter." Let the children run to the appropriate cone.
4. Continue the game by calling out different instructions drawing on the suggestions provided below.

Variation

Fun runs

Add some movement constraints such as asking the children to jump like a frog, hop on 1 foot, or crawl backwards.

Group Discussion

After the game, have the children reflect on the experience. You can use these questions as a guide:

Feel

- How did you like the game?
- Were you ever alone on your planet during the game? How did you feel?
- How did you feel when you were part of a large group on the same planet? Why?

Think

- Were there times when you did not know which planet to go to? Why?
- Was one planet better than the other in this game? Why or why not?
- In what ways are we all alike in our group? In what ways are we all different?
- Do you like having friends who are different from you? Why or why not?

Act

- What can we do to know each child in our group better?
- What can we do to make sure everyone feels welcome in our group?

Saturn

"Those who... go to Saturn."

Jupiter

"Those who... go to Jupiter."

Are girls	Are boys
Are wearing green today	Are not wearing green today
Speak Spanish	Do not speak Spanish
Slept well last night	Did not sleep well last night
Like soccer	Do not like soccer
Wear glasses	Do not wear glasses
Like broccoli	Do not like broccoli
Have a brother	Do not have a brother
Were born in Canada	Were not born in Canada
Speak only 1 language	Speak 2 languages or more
Have curly hair	Do not have curly hair
Have visited another country	Have never visited another country
Have blue eyes	Do not have blue eyes
Know how to play a musical instrument	Do not know how to play a musical instrument

You can download other games at the following website:

<http://www.equitas.org/toolkit/>