

Play it Fair! Postcard Activity

Celebrate National Child Day (November 20th) and the Convention on the Rights of the Child by sending a postcard to parliament! Article 3 of the CRC states that the best interest of the child must be the primary consideration when adults make decisions that affect children.

Purpose of the Postcard

- To promote children's participation by encouraging them to share their ideas with decision makers
- To promote positive values such as inclusion, respect for diversity, responsibility and cooperation

How to Use the Postcard

1. Play the game *From Saturn to Jupiter* (#14), *Look for Similarities and Discover Differences* (#18) or *Autograph Bingo* (#75) with your group before starting the postcard activity to encourage children to learn more about each other and promote respect for diversity among the group.
2. After the group discussion, hand out the postcards and ask the children to read what is written on the postcard.
3. Tell the group that they can always write to any member of the Canadian Parliament to share their ideas, and there is no cost to mail their letter! Remind the children that their ideas are important and that adults, including elected representatives and national decision makers, should listen and take their ideas seriously.
4. Provide children with markers or crayons and ask them to draw or write on the postcard what makes them unique. For example, they can draw or write their personal qualities next to the heart, their expertise next to head, and their skills next to the hand already illustrated on the postcard.
5. The postcards are pre-addressed to the Prime Minister of Canada-**postage is free!** Children may choose to replace the name of the Prime Minister of Canada on the postcard with the name of their local Member of Parliament in order to share their ideas with other national decision makers.

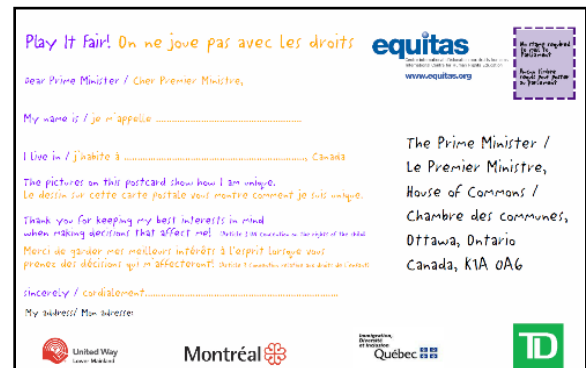
Use this link to help children learn how to find the name of their local MP:

www.parl.gc.ca/Parliamentarians/en/constituencies

6. If you include the return address of your organization or school; you will receive a letter back from the Prime Minister!
7. Children may also choose to share their card with other adults who are important to them such as a parent, teacher, principal or afterschool program director. *Note: Stamps are required if a child decides to mail the postcard to a family member or teacher.*

Share and Send the Postcards

8. We love when you share children's work! Consider taking close-up photos of the children's postcards and sharing them on Facebook, Twitter and Instagram (#PlayItFair). You can also email your pictures to Equitas (pif@equitas.org).
9. Collect the completed postcards from your group and put them in the mail.



How to Order the Postcards

Postcards are available free of charge (quantities are limited). Please contact pif@equitas.org

cooperation ● respect ● fairness ● respect for diversity ● inclusion ● responsibility ● acceptance

collaboration ● respect ● équité ● respect de la diversité ● inclusion ● responsabilité ● acceptation