

Play It Fair! Day

Suggested Date:	August 12, International Youth Day (optional)
Age:	6-12 years old
Time:	One day
Group Size:	Variable (You can combine several groups or camps)
Location:	At your organization or at a nearby park
Values:	Cooperation, respect, respect for diversity, responsibility, inclusion, acceptance



Goals for the Day

- To participate in a national event in support of children's rights
- To promote human rights values while having fun
- To publicize children's rights and the *Play It Fair!* program

Description of the Day's Activities

Part 1 – Rights Olympics¹ (2 hours)

As a team, the children collect 4 medals which have human rights values inscribed on them. They win the medals by participating in activities suggested in the *Play It Fair!* Toolkit.

Part 2 – Creating a Work of Art (1½ hours)

Each team chooses the value that is most important to them and draws it on a piece of cardboard or a piece of fabric. The teams' drawings are then assembled and displayed in a prominent place as a collective work of art.

Preparation for the Day

1. Form an organizing committee. Designate one or several people to coordinate the day's activities.
2. Choose a suitable date and place. Have a back-up plan in case of rain. Make sure you have access to the necessary services: bathrooms, lunch or picnic area, etc.
3. Decide how you will divide the group into teams of 6 to 20 children. If the group is already divided up by age, you can keep these teams.

Part 1 – Rights Olympics

4. Choose several activities to include in the Rights Olympics (see attached suggestions). For each of the activities, select a facilitator who will be in charge of preparing the materials and leading the activity with the different teams.
5. Choose a suitable spot in which to hold each activity included in the Rights Olympics. Keep in mind that the activities will always take place in the same spot and be led by the same person; the teams of children will rotate from one activity to another.

6. Make 4 medals for each team (see attached instruc-

¹ This is an adaptation of an activity suggested by the summer camp run by the Borough of LaSalle in Montreal. Thank you for the suggestion.

tions). The values you inscribe will vary depending on the activities you choose to include in the Rights Olympics.

Part 2 – Creating a Work of Art

7. Make sure that you have the following materials on hand for each team: a sufficient number of markers, a piece of paper or a piece of fabric, supplies to assemble the teams' drawings into one collective work of art (staples, tape, rope, glue, needles and thread, etc.)
8. Make the necessary arrangements to display the children's finished collective work of art in a prominent place such as a community centre, school, city hall, etc.
9. Prepare participation prizes to be distributed to the children at the end of the day (optional).
10. Publicize *Play It Fair!* Day among parents and within the community. You can, for example, invite the media, city officials or other important adults in the community to attend the event. Don't forget to take pictures of this unforgettable day.

Program for the Day

1. Welcome 30 minutes

- Greet the children in some special way, for example, by wearing costumes, playing music, decorating the site, etc.
- Explain how the Rights Olympics will work. Each team must collect 4 medals. The teams wins one medal for each *Play It Fair!* activity they participate in.
- Form teams.
- Ask the facilitators to get ready to lead their activities.

2. Rights Olympics About 2 hours

- Send each team to a different activity.
- Allot 15 to 20 minutes for each activity. Facilitators lead the game and the group discussion afterwards, then give out a medal to the team.
- After 15 to 20 minutes, ring a bell or play some music to let the teams know that it is time to switch activities.
- Allow about 5 minutes between activities and plan for breaks, if necessary.

3. Creating a Work of Art About 1½ hours

- Ask each facilitator to join a team. Begin by congratulating team members on their participation.
- Suggest that the teams discuss the values inscribed on the medals they won and choose the value they feel is the most important.
- Ask the teams to depict in some way the value they have chosen on a piece of cardboard or a piece of fabric.

4. Conclusion 45 minutes

- Ask each team to present the drawing it has created to the group.
- Assemble the teams' drawings together to create a collective work of art. For example, tie the pieces of cardboard together to make a book or sew the pieces of fabric together to make a banner.
- Tell the group that their artwork will be displayed in a prominent place such as a community centre, school, city hall, etc.
- Thank and congratulate everyone. Give out participation prizes (optional).





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Suggested Activities for the Rights Olympics

For the Rights Olympics, select:

- **At least 4 activities.** If, however, you are planning to form more than 4 teams, you will need to select more activities (or, alternatively, plan to have 2 facilitators lead the same activity simultaneously).
- **Activities that address different values.** After having participated in an activity, each team receives a medal which has the value that was fostered during the activity inscribed on it. It is important, therefore, that each activity address a separate value if each team is to “collect” 4 different values.
- **Activities that are suitable to the ages of the children.** If you are thinking of forming teams with children of varying ages, it might be easier to choose activities, such as the ones suggested below, that are appropriate for children of any age.

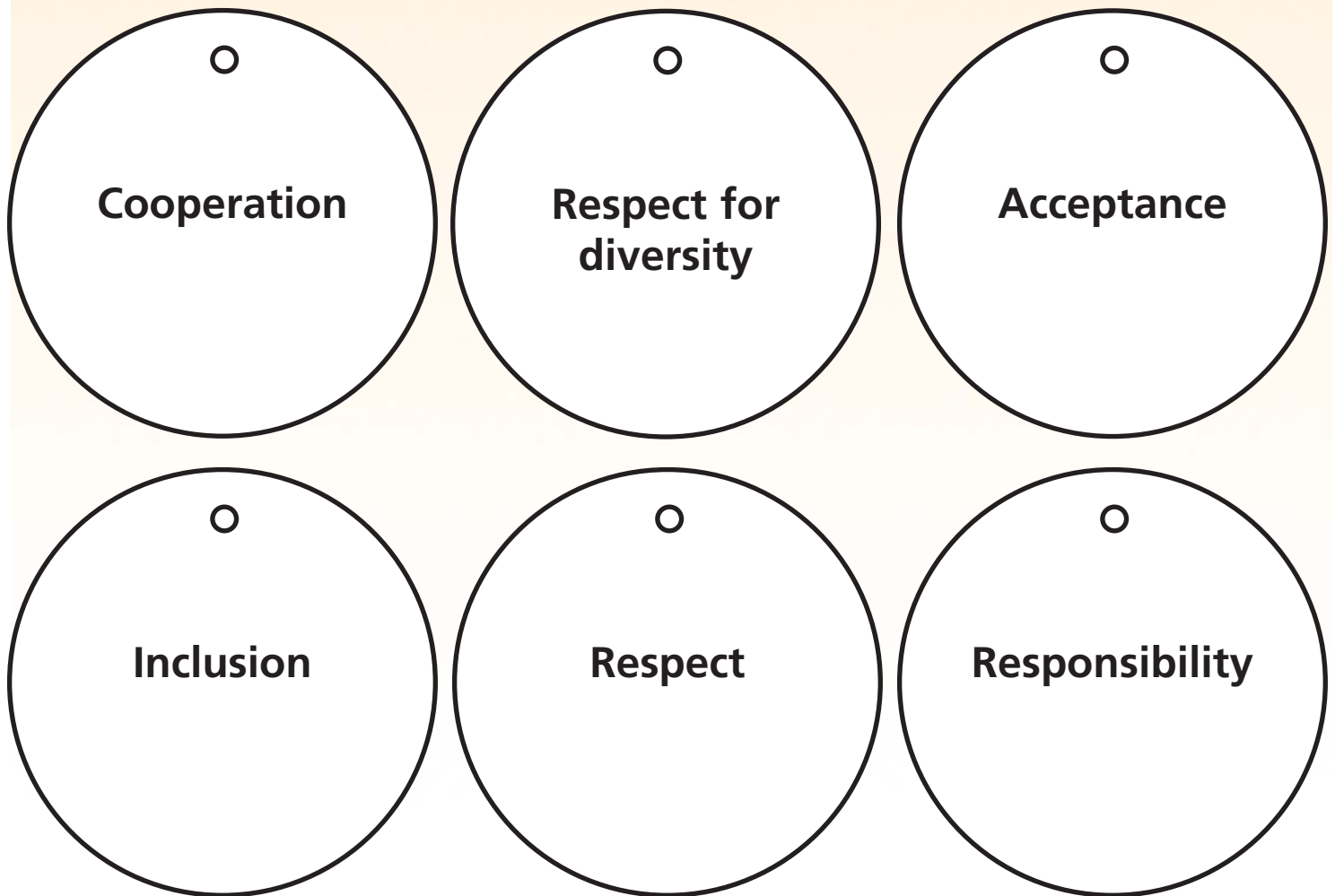
<p>Cooperation</p> <p>01 Cooperative Musical Chairs</p> <p>02 Crocodile</p> <p>04 Tropical Storm</p> <p>05 Around the World with a Hula Hoop</p>	<p>Respect</p> <p>54 The Curtain Comes Down</p> <p>25 The Noisiest Game in the World</p> <p>26 Rock- Paper-Conflict</p>
<p>Respect for diversity</p> <p>06 Kulit K’rang</p> <p>56 Talyat-Malyat</p> <p>62 What Are You Doing?</p> <p>14 From Saturn to Jupiter</p>	<p>Responsibility</p> <p>53 Your Smile is Contagious</p> <p>28 I Have the Right to...</p> <p>45 Draw it Right</p>
<p>Inclusion</p> <p>07 Exclusion by Numbers</p> <p>23 Tra-la-la...Silence</p> <p>24 Inclusion... Exclusion...</p>	<p>Acceptance</p> <p>30 I Have a Disability</p> <p>58 Random Words</p> <p>48 Colour Portraits</p>

Sample Program

Time	Activity
9:00 a.m.	<p>Welcome</p> <p>Explain how the Rights Olympics will work and form teams.</p>
9:30 a.m.	<p>Rights Olympics (1st part)</p> <p>Each team participates in 2 activities and collects 2 medals.</p>
10:15 a.m.	Snack
10:30 a.m.	<p>Rights Olympics (2nd part)</p> <p>Each team participates in 2 activities and collects 2 medals.</p>
11:30 a.m.	Lunch
1:00 p.m.	<p>Creating a Work of Art</p> <p>Each team depicts the value it thinks is the most important.</p>
2:30 p.m.	Snack
2:45 p.m.	<p>Conclusion</p> <p>The teams present their drawings to the group. The drawings are then assembled to create a collective work of art.</p>
3:30 p.m.	End of the day

Instructions for Making Medals for the Rights Olympics

Make medals for the Rights Olympics by writing human rights values on circles that you have previously cut out of different coloured cardboard. Make a small hole at the top of each medal so that a ribbon can be inserted.



You can download other games from the following website:

<http://www.equitas.org/toolkit/>